

# Transition to Next Solar Cycle

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## **ACTION**

Look back to see whereby I came from. I follow my footprints starting with the last ones and reaching the first ones of the present Solar Cycle/Year. Going I feel roads walked by, coming I gather what I did.

## **REFERENCE**

Transformation moments on the Wheel of Life between Autumn Equinox and Winter Solstice

## **MAGICAL TOUCH**

Reconstruct your journey feeling not judging, appraising not pondering, reconigizing yourself not criticizing, reconstructing not adding.

## **DORKHYT**

Synchronization counter clock wise

## **RETROSPECTIVE - Interval 1 -**

### **Search**

Whwhereby did I  
come from?

### **Duración**

Starts with  
Autumn Equinox;  
approximately 11 days.

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## **ACTION**

On Retrospective that showed me whereby I came from, I reflect 8 times discerning what ...

- |                                    |              |
|------------------------------------|--------------|
| • I continued from last cyce/year* | • I expanded |
| • I nourished                      | • I changed  |
| • came up                          | • I achieved |
| • kept me busy                     | • I gathered |

I try that each reflection ends up choosing words that best represent my journey: less words, more clearness.

\* *Wheel of Life for Solar Cycle* has a year starting and ending with Winter Solstice

## **REFERENCE**

RETROSPECTIVE results

## **MAGICAL TOUCH**

Three questions looking at my reflections to see where I am going:

- ♣ Whereby did life take me without me deciding?
- ♣ How much of my journey carries my personal seal following my decisions?
- ♣ How much of my journey allowed me to build my dream?

## **DORKHYT**

Evocator applied after answers are given, listening to hear what I forgot



**FORESIGHT**  
- Interval 2 -

## **Search**

Where am I going?

## **Duration**

Aprox. 11 days

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## **ACTION**

Knowing whereby I came from and where I am, I can decide:

- What from my journey is me (has my imprint and I feel good recognizing it)
- What is not mine
- What I do not need
- What benefited others whether I looked for it or not
- What benefited others and not me
- What benefited me and not others
- What I wish to continue
- What I want to change

## **REFERENCE**

Results from RETROSPECTIVE and FORESIGHT

## **MAGICAL TOUCH**

I have seen who I am been and now I will go deeper:

- If I continue on that road where will it take me?
- Which role(s) did I have on my journey?
- Is that what I am or want to be?

## **DORKHYT**

After the Magical Touch, use the activation words to connect with yourself and then ask which is my role?



## **DISTRIBUTION - Interval 3 -**

### **Search**

Who am I been?

### **Duration**

Approx. 11 days

## **ACTION**

Carrying inside my retrospective, foresight and distribution I journey to my origins. Inhaling my breath says 'now clam down', you have already spoken. Exhaling whispers 'it is your turn to listen'. So I breath three times.

I feel the powerfulness of transforming cosmic influences in this moment. I look for the Galactic Centre (in the Southern Hemisphere looking at the Southern Cross) and I synchornize to her heartbeat. Folds between worlds already opened allow me to come before my ancestors, I honor them following my customs.

While I remember them, I salute them, as I salute I reflect my Retrospective, Foresight and Distribution; while I reflect I transmit my query: where do I come from? (in non dense worlds fluids come and go without language in between and thoughts are ideas in images that run by themselves).

I quiet myself until the deepest silence, letting myself be between worlds. They will come to me. I do not worry about writing down anything now, the forcefulness of what I receive will impregnate me forever.

My origins reveal my unseen worlds and I remember that there events are multidimensional, when I meet some aspect of my roots, I will also be receiveing mandate on my path, as well as glimpses of who I am and which my purpose in life, perhaps simultaneously the answer to a situation pressing me, perhaps the signal towards where I will lead my life to.

## **REFERENCE**

Results from Retrospective, Prevision and Distribution

## **MAGICAL TOUCH**

Appeasement of outside world and entering my unseen worlds

## **DORKHYT**

After synchronizing, concentrate on the center of your Evocator to journey into your origins.



## **ORIGINS - Interval 4 -**

### **Search**

Where do I come from?

### **Duration**

Approx. 16 days

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*This interval is the inflection point to incubate life for next Solar cycle/Year based on life created during the present cycle, and it is journeyed in two simultaneous dimensions: 1. deciding what I want, and 2. listening to what life indicates to walk by.*

### **ACTION 1: What I Want**

I will plan what I want, one step each day:

This is what I want to achieve next\* Solar Cycle/Year: \_\_\_\_\_

This is what I value from this cycle/year that will help me achieve what I want: \_\_\_\_\_

This is what I will create to achieve what I want: \_\_\_\_\_

These are the efforts I will make to achieve it: \_\_\_\_\_

This is what I need to grow in order to achieve it: \_\_\_\_\_

This is what I will change to achieve it: \_\_\_\_\_

This is what will change in my life when I achieve it: \_\_\_\_\_

This is what I will cause with my achievement: \_\_\_\_\_

*\*If you wish you can do it for two or more years, but it will be important to specify what you will achieve in each year/cycle.*

### **REFERENCE**

Results from transition

### **MAGICAL TOUCH**

Integrating into what I want the first four intervals of the transition

### **DORKHYT**

When I define each step, I apply the synchronizer to align with my purpose in life



### **REFLECTION** **- Interval 5 -** **(Part I)**

#### **Actions:**

1. What I want
2. What life is indicating

#### **Search**

Where am I going?

#### **Duration**

Approx. 11 days

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## **ACTION 2: What life is indicating**

During this interval I will follow what life shows me. Each thing, situation, event or happening that crosses my road is important. I just listen, without reacting. And I write down everything approaching, coming up or happening during the day.

At night or first hour in the morning, if I run out of time, I put in order what life showed me, separating what happened to me and I was part of, from what I just passed by and came up without looking/waiting for it.

On each one I passed by without lookin/wating for it, I look for the keys or messages I received (all keep something). My results will tell me what I have to integrate for next Solar Cycle/Year.

On each one I was part of, I find synchronizations between: what I am in those worlds and where I come from. My results will tell me if I am on my paths or if I still have to make an effort to fulfill my purpose in life.

## **REFERENCE**

Whatever happens to me during this interval

## **MAGICAL TOUCH**

If I listen without reacting I find the keys. If I listen to others I recognize myself in them. If I am conscious of my worlds, I synchronize to my origins. If I listened I piece together the keys and synchronizations to see where I am going.

## **DORKHYT**

I apply it to comprehend what life is indicating that is not clear to me concentrating on the turns of my Cosmic Seal.



## **REFLECTION - iINTERVAL 5 - (Part 2)**

### **Actions:**

1. What I Want
2. What life is indicating

### **Search**

Where am I going?

### **Duration**

Approx. 11 days

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## **ACTION**

To achieve what I want I will start by \_\_\_\_\_

This is the order for things I will do in order to achieve it \_\_\_\_\_

This is what I need to achieve it \_\_\_\_\_

This is what I will do to sustain my effort daily \_\_\_\_\_

## **REFERENCE**

Interval 5 – Reflection showing me where I am going, whereby and what I will obtain.

## **MAGICAL TOUCH**

Results of my reflection and disposition become guidance for my days and based on them I decide what to do

## **DORKHYT**

On synchronization I focus on feeling the rhythm of the heartbeat I will walk with on next solar cycle/Year and I apply it on things I will do.



## **DISPOSITION - Interval 6 -**

### **Search**

What will I take  
where I am going?

### **Duration**

Approx. 11 days



## ACTION

## REFERENCE

## My life during this Solar Cycle/Year

## MAGICAL TOUCH

# DORKHYT



# FAREWELL TO COME BACK - Interval 7 -

## Search

## Gratitude to Life

## Duration

Approx. 9 days

## **ACTION**

I withdraw my life into the regenerating repose, during the day I am a silent spectator and at night I repose in this world as well as in unseen ones.

While reposing I listen how violence quiets down and racism placates.

During regeneration I reach life in my surroundings: how many people are chasing and creating their dreams? I do it in the quietness of my memory for it is the best indicator to value the queality of life I have, that of my people's, my territories and all existence within them.

At the zenith of my withdrawal I recognize my new roles for comeing years and look for my place in Shifting after transformations in new realities we are alredy living.

## **REFERENCE**

Appeasement silence

## **MAGICAL TOUCH**

Stop daily turmoil in order to regenerate life

## **DORKHYT**

I turn with the Synchronizer until I feel quietness



**WITHDRAWAL**  
**- Interval 8 -**

## **Search**

Appeasement of Life

## **Duration**

5 days before  
Winter Solstice

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